

CENTRAL COMBAT SPORTS

1565 Lauzon Rd. Unit #2, Windsor, ON, N8S3N4 | 519-987-3482 | centralmma.com

**CERTIFIED BRAZILIAN JIU-JITSU BLACK BELT INSTRUCTORS
WORLD RENOWNED MMA MASTERS TEAM
10-DAY SATISFACTION GUARANTEE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
BJJ NOGI 10:00AM	KICKBOXING 10:00AM	BJJ NOGI 10:00AM	KICKBOXING 10:00AM
KIDS 6:00PM	TEENS 6:00PM	KIDS 6:00PM	TEENS 6:00PM
KICKBOXING 7:05PM	KICKBOXING 7:05PM	KICKBOXING 7:05PM	KICKBOXING 7:05PM
BJJ NOGI ^{ADV} 8:15PM	BJJ NOGI 8:15PM	BJJ NOGI ^{ADV} 8:15PM	BJJ NOGI 8:15PM
SATURDAY	KICKBOXING 11:00AM	BJJ NOGI 12:15PM	STENGTH & CO 1:30PM

Youth Membership..... \$60 Bi-Weekly

Our Youth Martial Arts classes focus on the arts of Brazilian Jiu-Jitsu, Wrestling and Kickboxing. Kids classes are for ages 7 to 11. Teen classes are for ages 12 to 16. Mature students only.

Private Lesson..... \$65 per Session

One hour, 2 people allowed per lesson. Male and female coaches are available for training in Brazilian Jiu-Jitsu, Kickboxing, Boxing, Mixed Martial Arts, and Strength & Conditioning.

Adult Membership..... \$70 Bi-Weekly

Includes all adult training programs plus a key to the facility. Ages 16+. Certain conditions apply.

**The Most Qualified Coaches. The Most Available Training Time. The Most Value-Rich Membership.
No Association Fees. No Testing Fees. No Belt Fees. No Large Upfront Payments. No Annual Contracts.**