

CENTRAL COMBAT SPORTS

1565 Lauzon Rd. Unit #2, Windsor, ON, N8S3N4 | 519-987-3482 | centralmma.com

**CERTIFIED BRAZILIAN JIU-JITSU BLACK BELT INSTRUCTORS
WORLD RENOWNED MMA MASTERS TEAM**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
10:00AM	BJJ 101		BJJ 101	
6:00PM	YOUTH	BJJ 101	YOUTH	BJJ 101
7:30PM	KICKBOXING	BJJ NOGI	BOXING	BJJ GI

OPEN MAT EVERY SATURDAY 12:00PM – 2:00PM

Single Program or Youth Membership..... \$55 Bi-Weekly

Includes only one program plus Open Mat – either Youth Martial Arts or Brazilian Jiu-Jitsu or Boxing & Kickboxing. Youth classes are for ages 8-13. Adult classes are for ages 14+.

Adult All-Access Membership..... \$60 Bi-Weekly

Includes all adult programs plus Open Mat. Ages 14+. After your first promotion in either Brazilian Jiu-Jitsu or Kickboxing, members that are 19 years of age or older are awarded an access key to our facility.

Private Lesson..... \$65 Per Session

One hour, 2 participants allowed per lesson. Male and female coaches are available for training in Brazilian Jiu-Jitsu, Kickboxing, Boxing, Mixed Martial Arts, and Strength & Conditioning.

No Association Fees. No Testing Fees. No Belt Fees.

No Large Upfront Payments. No Annual Contracts.

The Most Qualified Coaches. The Most Available Training Time. The Most Affordable Prices.