

CENTRAL COMBAT SPORTS

1565 Lauzon Rd. Unit #2, Windsor, ON, N8S3N4 | 519-987-3482 | centralmma.com

**BRAZILIAN JIU-JITSU BLACK BELT INSTRUCTORS
NATIONAL REPRESENTATIVES OF DANIEL VALVERDE BRAZILIAN JIU-JITSU
WORLD RENOWNED MMA MASTERS TEAM**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
10:00AM	MMA	MMA	MMA	MMA
6:00PM	YOUTH		YOUTH	
7:00PM	BJJ GI	BOXING	BJJ NOGI	BOXING
8:00PM	KICKBOXING	OPEN MAT	KICKBOXING	OPEN MAT
OPEN MAT EVERY SATURDAY 12:00PM – 2:00PM				

Single Program or Youth Membership..... \$50 Bi-Weekly

Includes only one program plus Open Mat – either Mixed Martial Arts or Youth Martial Arts or Brazilian Jiu-Jitsu or Boxing or Kickboxing. Youth classes are for ages 7-12.

Adult All-Access Membership..... \$60 Bi-Weekly

Includes Mixed Martial Arts, Brazilian Jiu-Jitsu, Kickboxing, Boxing, plus Open Mat. Ages 13+.

No Registration Fees. No Association Fees. No Testing Fees. No Belt Fees.

No Large Upfront Payments. No Long Term Contracts.

The Most Qualified Coaches. The Most Available Classes. The Most Affordable Prices.