

CENTRAL COMBAT SPORTS

1565 Lauzon Rd. Unit #2, Windsor, ON, N8S3N4 | 519-987-3482 | centralmma.com

**BRAZILIAN JIU-JITSU BLACK BELT INSTRUCTORS
NATIONAL REPRESENTATIVES OF DANIEL VALVERDE BRAZILIAN JIU-JITSU
WORLD RENOWNED MMA MASTERS TEAM**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
8:30AM	BJJ NOGI		BJJ NOGI	
11:00AM		MMA		MMA
6:00PM	YOUTH		YOUTH	
7:00PM	BJJ GI	BOXING	BJJ NOGI	BOXING
8:00PM	KICKBOXING	OPEN MAT	KICKBOXING	OPEN MAT
OPEN MAT EVERY SATURDAY 12:00PM – 2:00PM				

Single Program or Youth Membership..... \$50 Bi-Weekly

Includes only one program plus Open Mat – either Mixed Martial Arts or Youth Martial Arts or Brazilian Jiu-Jitsu or Boxing or Kickboxing. Youth classes are for ages 7-12.

Adult All-Access Membership..... \$60 Bi-Weekly

Includes Mixed Martial Arts, Brazilian Jiu-Jitsu, Kickboxing, Boxing, plus Open Mat. Ages 13+.

**No Registration Fees. No Association Fees. No Testing Fees. No Belt Fees.
No Large Upfront Payments. No Long Term Contracts.**

The Most Qualified Coaches. The Most Available Classes. The Most Affordable Prices.